

# Singing and walking in Kosciuszko National Park

nsw | with moya simpson & john shortis | 8-12 nov 2023

nsw | with nicole murray | 15-20 march 2024

## Information Pack

### About

A glorious 4 or 5 days (depending on tutor) of 1-3 hours of singing a day, 1-3 hours of walking a day, great meals and time to just hang out...

### Accommodation

We'll be staying at Christiana Lodge situated in Thredbo within the beautiful Kosciuszko National Park. (6 Bobuck Lane, Thredbo).

We have a variety of twin, triple, double, queen and single rooms all with ensuites. Only blankets and pillows are provided so you will need to bring your own sheets, pillowcases, bathmat, towels and toiletries.

### Getting There

It is a 1 hour 15 min drive from Cooma or 2 hour 40 min drive from Canberra. You can drive to the door to unpack then will need to park your car in the Overnight Parking within Thredbo.

### Meals

All dinners are provided. Vegetarians and Gluten free can be catered for. Please let Jo know if you have any dietary requirements. For b'fast and lunch you need to bring your own supplies. You will have access to fridges for your supplies, gas hobs and ovens, microwave, toaster, kettles, knives, chopping boards.

We'll provide plunger coffee and a range of teas, cow and soy milk, bikkies. You may want to bring your own distinctive tea/coffee mug.

### Price

The price is \$1350 inc gst for your place in a twin/double room. If you have friends who would like to share a triple room with you the price is \$1200 inc gst each. If you would like a single room the total cost is \$1550 inc gst

### Program

You are welcome to arrive anytime from 3pm on the first day. We'll have a meet and greet and singing warmups at 5.30 pm followed by dinner. On the first full day we'll spend the morning singing and go for a walk in the afternoon.

Other days will work flexibly between singing, walking and the vagaries of the weather. Evenings have room for spontaneity but expect some good singing sessions. On departure day we'll sing all morning and wave you goodbye after lunch.

### Walks

Walks will be between 1-3 hours sometimes with a picnic lunch. Some days there will be the option to extend your walk by another hour or two. If the walk on offer isn't your thing, there are some lovely excursions in the Thredbo Valley and a variety of cafes, restaurants, bars, golf, fly fishing, an Olympic pool....

### Park Entry

Car passes are \$17 per vehicle per day. You can purchase online or in Jindabyne at the Park Centre. If you have a disability or reason for a discounted pass, you need to contact them in advance to get a reduction.

<https://www.nationalparks.nsw.gov.au/visit-a-park/parks/kosciuszko-national-park/visitor-info>

### Volunteering

We ask everybody to help in some way in the kitchen, dining set up and clean up. We also ask you to clean your room at the end of the stay, but are hoping we'll have an option where you could pay to have it cleaned.

### Packing List & Weather

We are in an alpine area which can mean hot weather or mist, cold and mizzle. So please bring clothes that will cover all of that. Think layers. Bring suitable shoes for walking, day pack, water bottle, lunch container, waterproof jacket, hat, sunnies, sunscreen, warm jacket.

### Cancellation Conditions

If you must cancel your reservation, we will retain your deposit and attempt to fill your place. If this is not possible, your cancellation fee will be determined according to the following criteria:

31-60 days	50% retained by us
15-30 days	75% retained by us
14 days or less	no refund

If you or we have to cancel due to Covid, your money will be returned fully, less your deposit which we will use to cover admin.

## REGISTER ONLINE

<https://jocresswell.com/registration/>

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